## **Code of Conduct - Swimmers**

Kings Cormorants Masters Club (KCMC) Code of Conduct — Swimmers

## Purpose:

To ensure that all swimmers at KCMC enjoy training and competition in a safe, respectful, and inclusive environment.

## As a swimmer, I agree to:

- 1. Respect others Treat all swimmers, coaches, officials, and facility staff with courtesy and consideration.
- 2. Train safely Follow lane etiquette, avoid physical contact, and respect others' space and pace.
- 3. Follow instructions Listen to coaches and respect training plans and safety guidance.
- 4. Be punctual and prepared Arrive on time for sessions and with suitable kit and hydration.
- 5. Support teammates Encourage others, celebrate successes, and maintain a positive team spirit.
- 6. Represent the club positively Behave appropriately at all times, including during competitions, socials, and online communications.
- 7. Respect facilities Leave poolside and changing areas clean, report any damage or hazards.
- 8. Follow safeguarding principles Support a culture of welfare and report any concerns to the Club Welfare Officer or Committee.
- 9. Uphold integrity Refrain from doping, unsporting behaviour, or misuse of alcohol/drugs.

Breaches of conduct may result in warnings or suspension in line with club disciplinary procedures.